The Bread and the Cup

1 Corinthians 11:23-26

²³ For I received from the Lord that which I also delivered to you, that the Lord Jesus in the night in which He was betrayed took bread; ²⁴ and when He had given thanks, He broke it and said, "This is My body, which is for you; do this in remembrance of Me."
2. The cup is about the
²⁵ In the same way He took the cup also after supper, saying, "This cup is the new covenant in My blood; do this, as often as you drink it, in remembrance of Me."
3. Participation is a 26 For as often as you eat this bread and drink the cup, you proclaim the Lord's death until He comes.